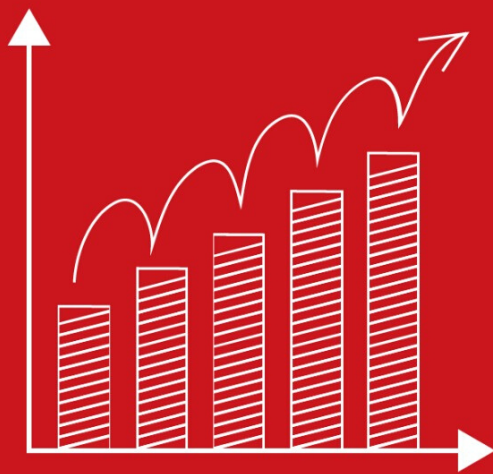


FUNSHEET DON'T FLATTEN THE **LEARNING** CURVE



**ABSOLUTELY
WRITE**
WITH ADITI SURANA

WM
IVM PODCASTS

DON'T FLATTEN THE LEARNING CURVE

Have you thought of a learning curve?

“The capacity to learn is a gift; The ability to learn is a skill; The willingness to learn is a choice.” - Brian Herbert.

In order to learn something new, we have to drop our old references and our fixation of our ‘so called basic minimum ‘standards’. Our ability and agility to learn is directly correlated with our willingness and capability to unlearn.

So let's jump and find out how you can hack your brain and learn faster, easier & smarter. Every person learns differently. Experiment with these hacks and add them to your learning style.

Hack 1: Set up an experiment

This is an experiment in two things. First one is obviously to learn a skill and second is to learn more about your learning style. What keeps you on course? What causes distractions? What are your consistency boosters?

- Set a Small goal - Think of 3 possible options & commit to any one. Make sure you stay committed to that one at least for a month. Don't fuss about your selection. It's just an experiment.

a. _____

b. _____

c. _____

- Decide the outcomes after research - What are working towards? What levels will you reach? Something that helps you strive?

a. _____

b. _____

c. _____

- Set a timeline - Minimum 30 days is a good timeline for a short experiment but choose anything you like.

Days: _____

Finishing Date: _____

- List all the possible actions you can take - Ask friends who are in that skill for many years. Do your research. A rough action plan.

a. _____

b. _____

c. _____

d. _____

e. _____

f. _____

- Review - This section is filled after a month. How far have you come on your journey? What accelerated your learning curve? What were the obstacles? Would you like to drop this skill or work on it further?

Hack 2: Deconstruction

According to Tim Ferris is a learning expert & a bestselling author, you can master 20% skill set to cover 80% effectiveness. He believes no matter what you are planning to learn - you need to deconstruct it.

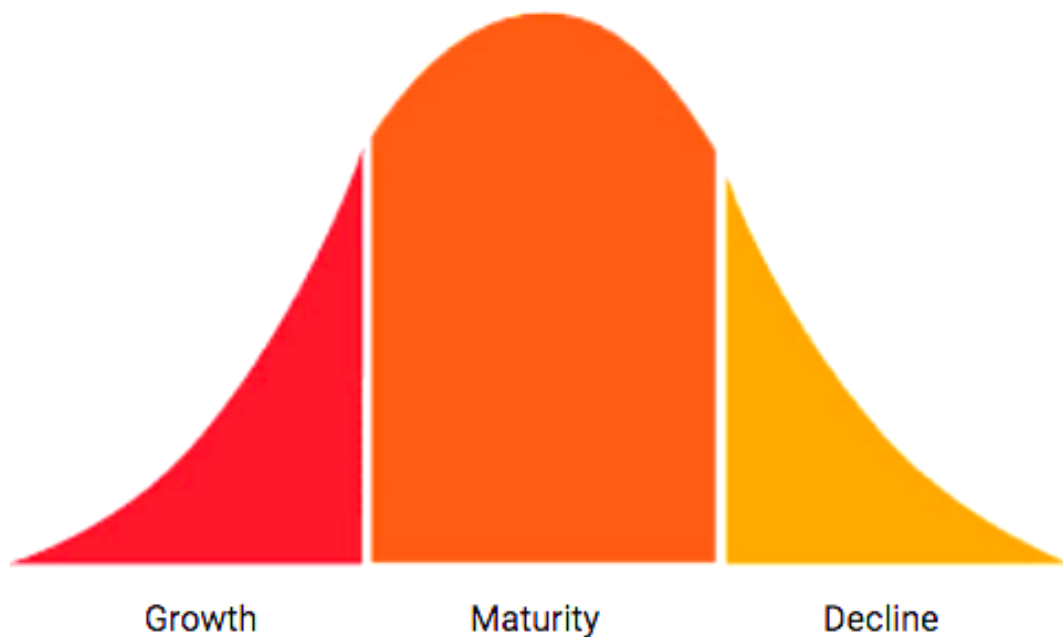


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Essential 20 % skills	Dependant 80% skills

Hack 3: A steep learning curve equals multiple short learning curves:

Every learning curve is a bell curve. It goes through 3 stages - growth, maturity and decline.



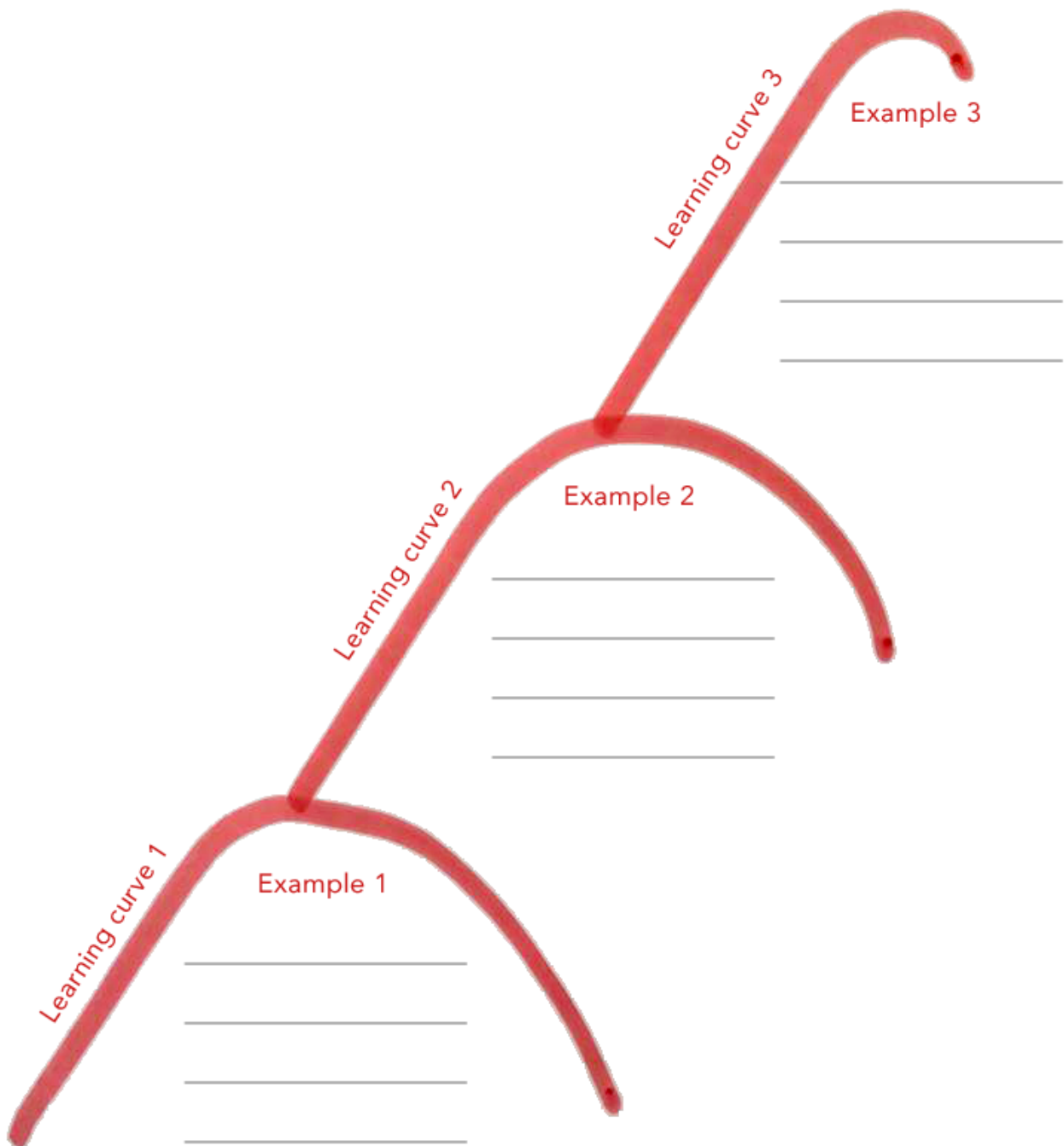
Growth Stage - is initiated when you are confronted with some challenge. When something goes wrong, or when you feel inadequate, you are forced to or you choose to upgrade yourself.

Maturity stage - Once you set out to learn something then you start feeling comfortable with that new skill

Decline stage - After maturity if you do not upgrade your skill often, then it reaches a stage of decline.

Multiple learning curve: According to the author Charles Handy, many trailblazers start their new learning curves faster than others. They do not wait for a crisis to arise. They volunteer to learn something new. They take one skill, go through the growth stage, enjoy the maturity phase for a bit and start a new voluntary learning curve right there before reaching the point of decline.

Think of an example where you have done this in the past. Fill this diagram.



Hack 4: Get up and get back on your bicycle.

No matter how tough it feels, if you wish to learn something new, don't give up until you know that you have given your best shot. The only pursuit that we have is to out-create our own self.

Hack 5: let go of your ego, amigo

Ego or Amhamkar as we call it in sanskrit can really slow down your learning speed. Albert Einstein said "More the knowledge lesser the **ego**, lesser the knowledge more the **ego**."

Write anything that comes to your mind in the box below.
(3-4 sentences)

In my research, I found people with humility to learn exhibited a specific handwriting trait. Look for any word where you have written letters t & h next to one another. Your learnability is naturally high if the letter h is taller than the letter t. Caution note: Be ready to be surprised with the answer.

th
✓

th
✓

th
✓

th
x

th
x

th
x